

RUNMUM - RunCrew

WALKERS & RUNNERS WANTED!!

Looking for walkers and runners or those interested in learning to run to join the local RUNMUM - RunCrew. We are a supportive and friendly group looking for others to join us on a variety of runs through out the week to keep each other motivated and accountable.

You don't need to be a mum to join us!

Days we run



Time we meet



Location



For more information contact

#becauseican

runmum.org